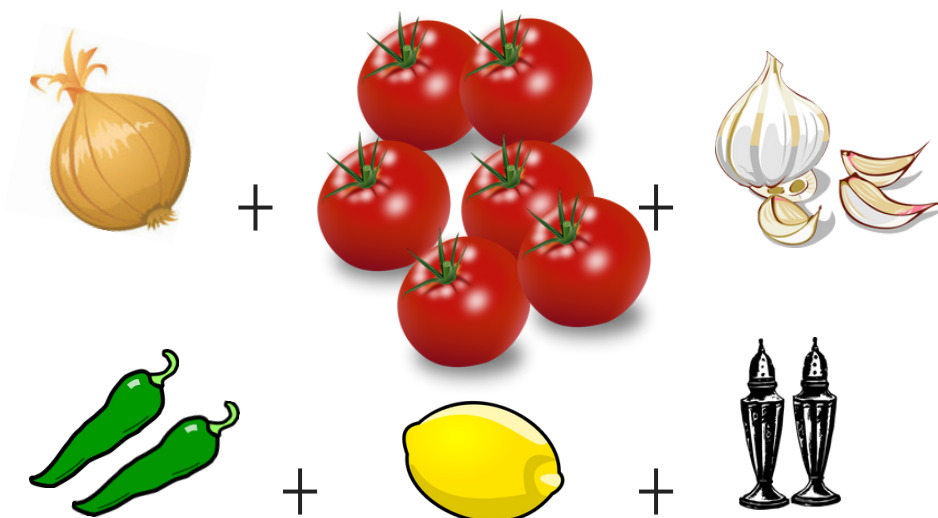


Formula for Fresh Salsa

Basic Ingredients:

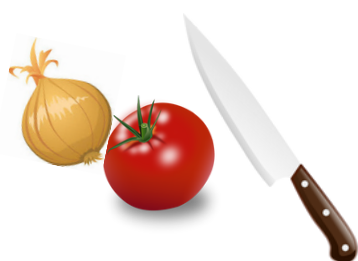


Optional Ingredients:

Cilantro
Corn
Black beans
Bell peppers
Mangoes
Peaches

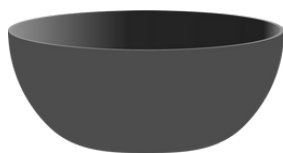
- 6-9 tomatoes- Roma tomatoes work best
- 1-2 onions
- 1-2 jalapenos- Remove membranes and see to control heat
- 1-2 garlic cloves
- 1-2 tsp salt
- pepper to taste
- 2 T lemon juice

1



Chop all ingredients.

2



Place them in a bowl and mix.

3



Add optional ingredients.

4



Store in Mason jar for up to 7 days in fridge.